



**MINISTRY OF  
YOUTH DEVELOPMENT**  
TE MANATŪ WHAKAHIA TO TAIOHI

*Administered by the Ministry of Social Development*

New Zealand Government

# Youth Plan 2020 to 2022



**Turning Voice into Action -  
Rebuilding and Recovering**



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## About the Youth Plan



The Ministry of Youth Development works to make sure that **rangatahi** in New Zealand live a good life.



**Rangatahi** is the Māori word for young people.

It means young people who are aged 12 to 24 years old.



We have written a Youth Plan that looks at how government can support the **wellbeing** of rangatahi.



**Wellbeing** means things like:

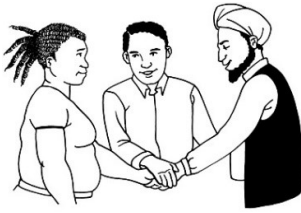
- how we feel about ourselves
- looking after our bodies with good food and exercise
- getting support when we are feeling sad or worried.

We know that **COVID-19** has changed a lot of things for many rangatahi.

**COVID-19** is a virus that can make many people very sick.

It is also called **coronavirus**.

The Youth Plan says what the government will do to make things better for rangatahi.



The government will do these things working together with others.

This Youth Plan is important to:



- different parts of government
- services that work with rangatahi
- communities
- rangatahi.



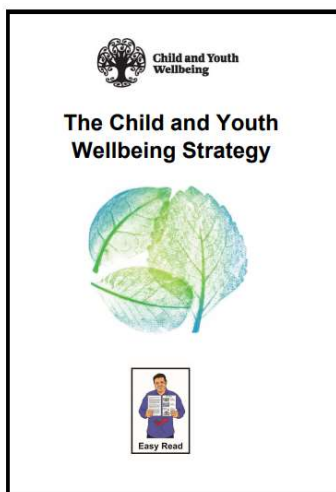
This is an Easy Read summary of some of the important things in the Youth Plan.



You can find the full version of the Youth Plan on our **website**:

**[www.myd.govt.nz](http://www.myd.govt.nz)**

## The vision in the Youth Plan



In 2019 the government put out a document called the **Child and Youth Wellbeing Strategy**.

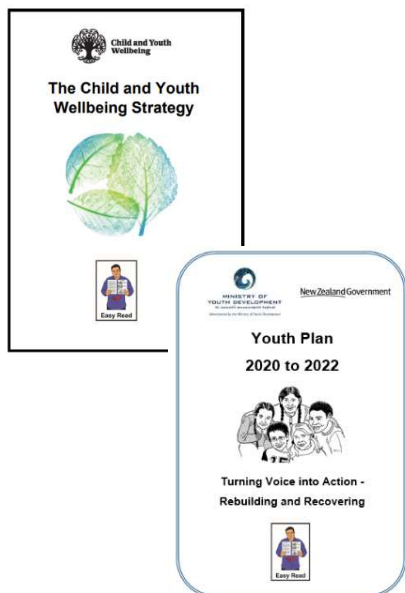
You can find an Easy Read translation of this strategy at this **website**:



**[www.childyouthwellbeing.govt.nz](http://www.childyouthwellbeing.govt.nz)**



The Child and Youth Wellbeing Strategy is a plan that also works to improve the wellbeing of young people in New Zealand.



The **vision** of both the:

- Child and Youth Wellbeing Strategy

and

- Youth Plan:

is:

**New Zealand Aotearoa is the best place in the world for children and young people.**



**Vision** means looking at how we want the world to be for rangatahi in the years to come.



The Youth Plan is for rangatahi aged 12 to 24 year olds.



In the Youth Plan we also looked closely at 4 **priority groups** of rangatahi.

**Priority groups** means these are the most important groups.



We listened to young people **aged 17 to 24 years old** from 4 priority groups:



1. rangatahi Māori

2. Pacific young people

3. disabled young people



4. **rainbow** young people





**Rainbow** young people are rangatahi who are:

- lesbian
- gay
- bisexual
- transgender
- takatāpui
- part of the rainbow community in another way.



These 4 groups of rangatahi are more likely to experience **barriers** because of their:

- disability
- **sexuality**
- gender
- culture.



**Barriers** are things that stop or make it hard for people to live their life.



**Sexuality** is things like:

- who you are attracted to
- who you want to be in a relationship with.



**Gender** means different things:

- to different people
- in different cultures.



The **genders** we hear about most are:

- boy or man
- girl or woman.



Some people are not a boy or a girl.

They may call themselves **non-binary**.





**COVID-19** has made some of the problems for young people in these groups even harder.

Some of the things that young people are finding harder are:



- not having enough money
- being homeless
- not being accepted for who they are
- having problems with mental health
- being treated differently because of their culture
- being treated unfairly because of who they are.





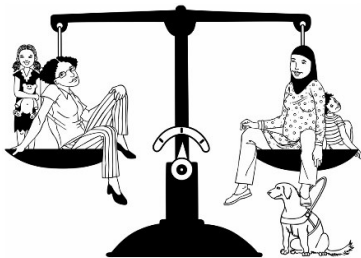
Some more things that young people are finding harder are:

- being in education
- getting training
- having a job.



By putting these groups first in the Youth Plan we hope to make:

- the problems caused by COVID-19 not as bad
- things fairer for everyone.



## What rangatahi told us



Last year we talked to more than 1 thousand rangatahi about making this Youth Plan.



What they told us helped us make this Youth Plan.

The rangatahi we talked to said:



- they really want to have a say in important government decisions
- they do not feel like the government listens to what they have to say
- it is hard to be part of decisions.





Rangatahi also said that wellbeing is about more than just mental health.



They think these things are also important to wellbeing:

- knowing who they are
- being with whānau
- being part of their community.

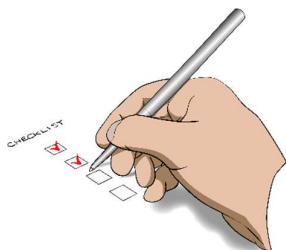


Rangatahi also want:

- more support
- adults to give them the chance to lead in the way they want to.



## Actions in the Youth Plan

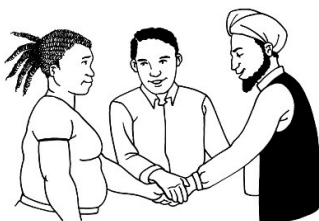


**Actions** are the things that we plan to do as part of the plan.



The actions in the Youth Plan are in the following groups:

1. Voice
2. Wellbeing
3. Leadership
4. Transformative change.







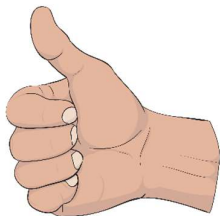
## 1. Voice

In this Youth Plan **voice** means that what rangatahi say is:

- listened to
- thought of as important
- part of making decisions.



Listening to what rangatahi say is an important part of the COVID-19 **recovery**.



Things getting better after COVID-19 is called the **recovery**.

## 2. Wellbeing

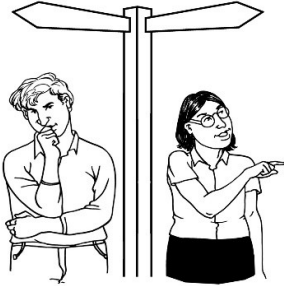


In this Youth Plan **wellbeing** means that there is support for the wellbeing of:

- rangatahi
- their family / whānau
- their communities.



### 3. Leadership



In the Youth Plan **leadership** means that rangatahi are supported to:

- make decisions about their own lives
- be seen as who they are
- have who they are respected.

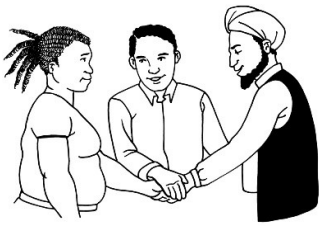


Leadership also means having more say about:

- things happening in their communities
- decisions the government makes.



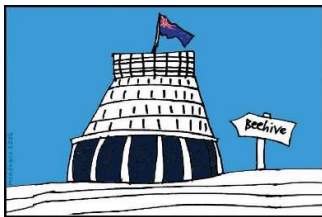
## 4. Transformative change



In the Youth Plan **transformative change** means that everyone works well together.



Working together is an important part of the COVID-19 recovery.



Some of the people working together for **transformative change** will be:



- different parts of government
- organisations that work with rangatahi



- communities
- rangatahi.

## Checking how the Youth Plan is going



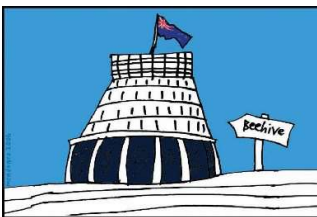
The Minister for Youth is  
Hon Peeni Henare.



He will work closely with the Ministry  
of Youth Development to make sure  
the things in the Youth Plan happen.



The Minister for Youth will tell  
**Cabinet** how the Youth Plan is going  
2 times every year.



**Cabinet** is a group of New Zealand  
government ministers.

## Reviewing the Youth Plan



We will review the Youth Plan in 2022.

**Review** means we will look at the Youth Plan to:



- make sure it still has all the important things we should be working on
- make any changes to the Plan.



Rangatahi will be part of the review.

## Where to find more information about the Youth Plan

The full version of the Youth Plan is called:



**Youth Plan 2020 - 2022:  
Turning Voice into Action –  
Rebuilding and Recovering.**



You can find the full version of the Youth Plan at on the Ministry of Youth Development **website**:

**[www.myd.govt.nz](http://www.myd.govt.nz)**



The full version of the Youth Plan is not in Easy Read.



You may want to ask someone to assist you to read it.



You can also contact us at the  
Ministry of Youth Development.

**Freephone: 0508 367 693**



**Freephone** means it will not cost  
you any money to call us.



**Email: [mydinfo@myd.govt.nz](mailto:mydinfo@myd.govt.nz)**



You can ask us to post you a copy of  
the Youth Plan.





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