

Wellbeing

The wellbeing of rangatahi, their family and whānau, and their communities is supported and strengthened

This means:

- rangatahi are able to determine what wellbeing means to them
- rangatahi, their family and whānau and their communities are supported to be well
- rangatahi are supported to know when and how to access youth-friendly, appropriate information about looking after their own wellbeing
- rangatahi have equitable access to psychosocial response services established as part of COVID-19 recovery
- rangatahi are enabled to readily access culturally responsive services that accept and respect their gender and sexual identities when they want to connect with others.

*'Acknowledging holistic wellbeing – te whare tapa whā, opportunities to talk about all kinds of ways to be well and all components of wellbeing.'*¹³

Actions

Action	Description
Understand and respond to the psychosocial impact of COVID-19 on rangatahi	Research will be undertaken to better understand the impact COVID-19 has had on rangatahi, particularly those in the priority groups. This will be used to inform the development of further actions for the Youth Plan, with the intention of designing these alongside rangatahi, communities, iwi and the youth sector.
Strategy Outcome	Children and young people are involved and empowered
Lead Agency	Ministry of Social Development – Te Manatū Whakahiato Ora
Partners	Ministry of Youth Development – Te Manatū Whakahiato Taiohi

¹³ Quote from Ministry of Youth Development – Te Manatū Whakahiato Taiohi engagement with rangatahi in October 2019.

Timeframe	2020
Action	Description
Create a safe digital environment for children and young people	Design and implement a public awareness campaign about the risks of online harm to children and young people. The campaign will provide information about how to prevent online harm and what to do when harm has occurred. Children and young people will be involved in designing the campaign to ensure the content is relevant and engaging.
Strategy Outcome	Children and young people are loved, safe and nurtured
Lead Agency	Department of Internal Affairs
Partners	Ministry of Education
Timeframe	2020
Action	Description
Develop a social marketing campaign for rangatahi promoting healthy and safe relationships	This initiative is a youth-specific strand of The Campaign for Action on Family Violence. The campaign will encourage positive, safe and respectful relationships by challenging and changing harmful beliefs, attitudes and behaviours that support violence. It will primarily be conducted through social media and will complement and enhance the learning that rangatahi receive about healthy relationships and violence prevention through schools.
Strategy Outcome	Children and young people are loved, safe and nurtured
Lead Agency	Ministry of Social Development – Te Manatū Whakahiato Ora

Partners	Engagement with Accident Compensation Corporation to ensure the campaign is compatible with Mates & Dates, Ministry of Education
Timeframe	2020
Action	Description
Collaborate with rangatahi to design and implement a wellbeing campaign	Rangatahi Māori and Pacific young people will design a wellbeing campaign alongside government which helps them improve their own wellbeing and support other rangatahi experiencing stress or distress. Rangatahi will be central to the development, design and creation of this campaign. Part of this work will include gathering insights on how rangatahi Māori and Pacific young people are adapting to the COVID-19 environment. This work will be used to inform policy work across government.
Strategy Outcome	Children and young people are happy and healthy
Lead Agency	Te Hiringa Hauora/Health Promotion Agency
Partners	Ministry of Health, Ministry of Youth Development – Te Manatū Whakahiato Taiohi, Ministry of Social Development – Te Manatū Whakahiato Ora, Ministry for Pacific Peoples
Timeframe	2020

Action	Description
<p>Increase mental health, addiction and wellbeing supports for young people</p>	<p>Budget 2019 provided investment into expanding access and choice to primary mental health, addiction and wellbeing supports for young people. Budget 2020 built on this investment to include additional targeted support for tertiary students.</p> <p>The Ministry of Health is allocating funding towards providing a variety of support, tools and resources to help young people self-manage due to the uncertainty and change caused by COVID-19. This includes app-based, web-based and telehealth supports.</p>
<p>Strategy Outcome</p>	<p>Children and young people are happy and healthy</p>
<p>Lead Agency</p>	<p>Ministry of Health</p>
<p>Partners</p>	<p>Ministry of Education</p>
<p>Timeframe</p>	<p>2020 – 2024</p>

Leadership

Rangatahi are enabled to lead their own lives, have their identities seen, valued and respected and have increasing influence in their communities and over government policy

This means:

- rangatahi are supported to develop their identities and enhance their mana
- rangatahi are accepted and respected for who they are and who they want to be
- rangatahi leadership is recognised and valued
- rangatahi in the priority groups have opportunities to lead and implement change on their own terms, particularly as part of COVID-19 recovery
- rangatahi are supported into education, employment or training
- rangatahi are given increasing opportunities in formal leadership and decision-making roles, such as advisory and governance groups.

'Leadership is making a choice to help your community...'¹⁴

Actions

Action	Description
Enable community-led solutions	Pacific Aotearoa engagements highlighted the importance of strengthening Pacific youth mental health and resilience as a priority for Pacific communities. The Ministry for Pacific Peoples is piloting a programme to support Pacific young people to lead their own innovation initiatives as solutions to strengthening Pacific youth mental health and resilience. This is a direct response to engagements with Pacific young people highlighting a lack of support services that they can trust and are relevant to their specific needs. The second component of this work recognises the important role of family and community and will focus on supporting the intergenerational conversation about Pacific youth mental health and raising awareness.
Strategy Outcome	Children and young people are happy and healthy

¹⁴ Quote from Ministry of Youth Development – Te Manatū Whakahiato Taiohi engagement with rangatahi in October 2019.

Lead Agency	Ministry for Pacific Peoples
Partners	Youth Plan Cross-Agency Working Group
Timeframe	2020

Action	Description
Convene a regional rangatahi Māori leaders forum	<p>This action will support a regional rangatahi Māori leaders forum, with the aim of:</p> <ul style="list-style-type: none"> • using te reo Māori and tikanga Māori as the foundation of the forum • providing a forum for rangatahi Māori to input to policy development • supporting the development of rangatahi identity and te reo Māori • enabling the voice of rangatahi Māori to be heard, captured and acted on • developing rangatahi Māori leaders.
Strategy Outcome	Children and young people are involved and empowered
Lead Agency	Te Puni Kōkiri, Ministry of Youth Development – Te Manatū Whakahiato Taiohi
Partners	Youth Plan Cross-Agency Working Group
Timeframe	2020

Action	Description
<p>Expand the existing Employment Service to disabled young people in their final two years of school</p>	<p>There is a large employment gap between disabled and non-disabled people. Disabled young people are more likely to not be in education, employment or training and traditional post-school options for disabled young people are generally not employment focused.</p> <p>This action aims to bridge this gap by extending the current contracted Employment Services to disabled young people in their final two years of school. The service will be available to 500 disabled school students each year. Employment Services provides tailored support to place disabled people into employment and support employers to provide natural supports in the workplace. The aim is for disabled young people and their whānau to consider paid employment or training to be their first and best options post school.</p>
<p>Strategy Outcome</p>	<p>Children and young people are learning and developing</p>
<p>Lead Agency</p>	<p>Ministry of Social Development – Te Manatū Whakahiato Ora</p>
<p>Partners</p>	<p>Ministry of Education, New Zealand Disability Support Network, contracted Employment Service providers</p>
<p>Timeframe</p>	<p>2020</p>

Action	Description
Expand He Poutama Taitamariki	<p>This action will expand an intensive, individually tailored service for young people in Northland aged 15-24 years who are not in education, employment or training and are most at risk of long-term unemployment and poor social and economic outcomes.</p> <p>The programme assists young people to achieve social connectedness, educational, training, and/or employment goals, with the resilience to sustain the outcomes, leading to healthy, happy and productive lives.</p>
Strategy Outcome	Children and young people are learning and developing
Lead Agency	Ministry of Social Development – Te Manatū Whakahiato Ora
Partners	Ministry of Business, Innovation and Employment
Timeframe	2020 (ongoing)

Transformative change

Government agencies work collaboratively with each other, the youth sector, communities and rangatahi to mitigate the impact of COVID-19 for rangatahi

This means:

- government agencies are proactively collaborating and communicating to drive system change
- systems are in place to support information sharing
- youth sector organisations are provided increased funding by government to offset a decrease in funding from other sources
- transparency and accountability in government decision-making is increased.

“I believe the Government should meaningfully co-design the solutions with young people and work with youth in partnership.”¹⁵

Actions

Action	Description
Provide strategic leadership and evidence-informed advice on rangatahi	<p>This action involves:</p> <ul style="list-style-type: none"> • increasing the profile of rangatahi across government by working collaboratively, identifying opportunities to partner and ensuring rangatahi are involved in decision-making that impacts them • undertaking research to better understand the experiences of rainbow young people • capturing and maintaining the positive cross-agency collaboration and reduced barriers to funding that were achieved during COVID-19 Alert Levels 4 and 3.
Strategy Outcome	Children and young people are involved and empowered
Lead Agency	Ministry of Youth Development – Te Manatū Whakahiato Taiohi
Partners	Ministry of Social Development – Te Manatū Whakahiato Ora, Oranga Tamariki–Ministry for

¹⁵ Quote from Ministry of Youth Development – Te Manatū Whakahiato Taiohi engagement with rangatahi in October 2019.

	Children, Office of the Children’s Commissioner, Ministry of Education
Timeframe	2020
Action	Description
Collaborate with disabled rangatahi to facilitate change across government	Disabled rangatahi held a national conference at Parliament in 2019 called I.Lead. This conference provided a platform for disabled rangatahi to share their voice with decision-makers, especially on the challenges they face in everyday life. The Office for Disability Issues will use the recommendations put forward at the conference and continue to work with the rangatahi involved to advocate for change across government.
Strategy Outcome	Children and young people are involved and empowered
Lead Agency	The Office for Disability Issues continues to partner with I.Lead to progress the recommendations I.Lead have made to government
Partners	Ministry of Health, Ministry of Youth Development – Te Manatū Whakahiato Taiohi, Ministry of Social Development – Te Manatū Whakahiato Ora
Timeframe	2021 (ongoing)
Action	Description
Design and implement the ‘Hear Me See Me’ Campaign	This campaign will amplify the voices of rangatahi to build a deeper understanding of their experiences and shift society’s perceptions of rangatahi. It aims to ensure rangatahi from the priority groups, plus tamariki and rangatahi in care, are heard, understood, accepted and appropriately supported.

Strategy Outcome	Children and young people are accepted, respected and connected
Lead Agency	Oranga Tamariki–Ministry for Children
Partners	Youth Plan Cross-Agency Working Group
Timeframe	2020

Action	Description
Increase public sector capability and responsiveness to rainbow communities	Support government agencies to increase capability, understanding and knowledge of the issues that affect rainbow young people and increase government’s responsiveness to rainbow communities.
Strategy Outcome	Children and young people are accepted, respected and connected
Lead Agency	Ministry of Youth Development – Te Manatū Whakahiato Taiohi
Partners	Youth Plan Cross-Agency Working Group
Timeframe	2020